



Dos Manos Peru

Inca Trail

Salkantay Trek

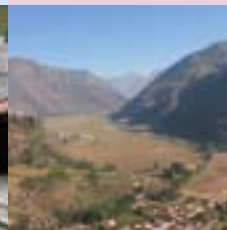
*Train to
Machu Picchu*

Sacred Valley

Colca Canyon

Lake Titicaca

Activities





Inca Trail (4 days)

The Inca Trail, with Machu Picchu as its final destination, is the best known and most popular hike among tourists. The total hike is about 45km and it takes four days altogether, including a one day visit to the ruins. The natural scenery is breath-taking. With views of snow capped mountains, the cloud forest and hiking between stunningly preserved ruins, it is an unforgettable experience.

Leaving: Daily
Transport: Private bus and train
Length: 4 Days

Day 1: Between 7:00 - 8:00 A.M. we pick you up at your hotel and we go to km 82 by bus. From here on it will take us about 7 hours of hiking (13km) to reach the first campsite in Huayllabamba.

Day 2: Physically a tough day covering 16km and climbing 2 high passes. Warmi Wanusca, at 4,200m, is the highest point of the trek. Breathtaking and stunning! Included is a visit to the ruins of Runkurakay and Sayacmarca. We will be camping in Pacaymayu.

Day 3: Today is a relatively easy one: we walk only 11km and most of the route is flat and descending. We visit the archaeological sites of Phuyupatamarca, Intipata and Wiñaywayna, the latter being our last campsite of the trek.

Day 4: After breakfast, we depart to Inti Punku, the entrance of the old Inca citadel of Machu Picchu. This will take us about an hour and a half and it is an unforgettable experience observing the ruins from that point. In Machu Picchu we have a guided tour of approximately 2 hours and in the afternoon we travel back to Cusco by train. Arrival time in Cusco is estimated around 9:00 P.M.



The prices of our tours and excursions can vary during the season and can sometimes even depend on the day that you want to do them. Therefore, please contact us for a detailed and personalized price quote.



Inca Trail (2 days)

This is the short version of the famous and stunning Inca Trail, for those who have less time available but still want to do this unique trek. We start at km 104 and we walk till the ruins of Wiñahuayna. After a visit to the ruins, we go to Inti Punku from where we will have a fabulous view over the Lost City of the Incas. From here we walk down to the village of Aguas Calientes where we will stay for the night. Next day we depart very early, with the first bus, to visit Machu Picchu, at 2,650m above sea level. Around 3:30 P.M. we take the train back to Cusco.

Leaving: Daily
Transport: Private bus and train
Length: 2 Days

Day 1: You will be picked up from your hostel between 5:45 to 6:00 A.M. and transferred to the train station for the train to Machu Picchu. There is beautiful scenery along the way! We will get off at km 104 where the two day hike starts. We will start hiking around 10:30 A.M. First we will visit the ruins of Chacchabamba (2,250m); after that Wiñahuayna. Around 4:00 P.M. we will continue our trip to the Puerta del Sol (Sun Gate or “Inti Punko”) where we might see one of the most beautiful sunsets of your life! From here we will continue our hike to Aguas Calientes where we will sleep for the night in a hotel.

Day 2: After a very early breakfast we will take the bus to arrive at the ruins of Machu Picchu before sunrise and the arrival of most tourists. (You also have the option to walk up). Our guide will give us a guided tour of about two and a half hours. After that we will have some free time to explore the ruins, wander around and have lunch (not included). You have to be at the train station in Aguas Calientes at the latest by 3:15 P.M. to catch the 3:30 P.M. train back to Cusco. You will arrive in Cusco at approximately 8:30 - 9:00 P.M. Sometimes Peru Rail organizes the train to be met in Ollantaytambo by a bus and you will travel from there to Cusco in bus. We apologize in advance for any inconvenience.

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Salkantay Trek

A remote and ancient footpath in the same region of the Inca trail, but less traveled and with more spectacular views. A magnificent wilderness alternative for those who wish to escape the more congested trekking routes or for those who are looking for an alternative if the traditional Inca Trail has no spaces available.

Leaving: In high season daily
Transport: Private bus and train
Length: 5 Days

Day 1: You will be picked up from your hostel at 5:00 A.M. we get on the bus to Mollepata. We start hiking from there around 10:00 A.M. until 6:00 P.M.

Day 2: The hike begins at 3,800m at Soraypampa and leads to the pass of the Salkantay (4,600m), the highest part of our trip. From here we will descend into the upper jungle. After 7 hours of hiking we arrive at camp.

Day 3: After 3 hours of hiking, we arrive at a natural hot spring, where we have dinner. After another 3,5 hours of hiking we arrive at our camp.

Day 4: There are two options this day. We might take transportation to the Urubamba River and take the train to Aguas Calientes, or we could hike another 6 hours and take the train to Aguas Calientes.

Day 5: After breakfast, at 5:00 A.M. we visit Machu Picchu. We will have a guided tour of about 2,5 hours. At 4:00 P.M. we get the train back to Cusco.

Train to Machu Picchu

The traditional way to get to Machu Picchu is by train. There are different trains that go to Machu Picchu: the Back Packer Train, the Vistadome Train and the Hiram Bingham Train, each priced differently, for the budget of different travelers. The departure is from the San Pedro station in Cusco. It takes nearly 4 hours to get to Aguas Calientes, following the course of the Vilcanota River. In our one day tour to Machu Picchu, we have about 2 hours for our guided tour and another 2 hours to explore the ruins individually.



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Sacred Valley Tour

The tour starts at 8:30 A.M. Everyone will be picked up from the hotel and we leave by private bus to Pisac, where the excursion really starts.

In Pisac we visit the traditional colorful Sunday market. From here we continue the trip to Urubamba where we will have lunch. After lunch we will visit Ollantaytambo, a small town which is a real sample of the level of architecture that the Incas had reached. Here we visit the village itself, with the many original Inca Walls, and the ruins. On our way back to Cusco we will pass and visit the typical market and archeological site of Chincheros.

Leaving: Tuesday, Thursday, Sunday
Transport: Tourist bus
Length: One day excursion

8:30 A.M.	Pick up from your hotel	2:00 P.M.	Ollantaytambo
10:00 A.M.	Pisac (village and market)	4:00 P.M.	Chincheros
13:00 A.M.	Lunch in Urubamba	6:30 P.M.	Return to Cusco

Cusco City Tour

Cusco is surrounded by mountains and valleys. The capital of the ancient Inca empire and the oldest continuously inhabited city on the continent, Cusco is now an important link in the South American travel network. Its legacy as the hub of the Inca empire is readily apparent: most of the city streets are lined with Inca-built stonewalls and brimming with Quechua-speaking descendants of the Incas. The city has magnificent repositories of colonial art such as the Cathedral (begun in 1559). There is also the Coricancha ruins, the Temple of the Sun of the Incas, in the middle of the city center. In our tour you'll also visit four other nearby ruins: Sacsayhuamán, Q'enko, Puca Pucara and Tambo Machay.



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Colca Canyon

The Colca Canyon, with more than a kilometer from cliff-top to river bottom, and therefore considered the deepest canyon in the world, has picturesque pre-inca terracing, impressive scenery and friendly Indian villages (e.g. Chivay) with traditionally dressed peasants. If you are lucky, you will be able to see the famous Peruvian Condors at just a couple of meters from where you are. Unforgettable and impressive.

Leaving: Daily
Transport: Private bus
Length: 2 Days

Day 1:

7:30 A.M. Pick up from your hotel (in Arequipa)
8:00 A.M. Departure to the Colca Canyon
1:00 P.M. Arrival in Chivay
2:00 P.M. Lunch
3:00 P.M. Visit the Hot Springs of Calesa and the village of Chivay

Day 2:

5:00 A.M. Breakfast
6:00 A.M. Visit to the Mirador del Condor
8:00 A.M. Colca Canyon
1:00 P.M. Lunch
2:00 P.M. Departure to Arequipa

Arequipa City Tour

Nicknamed the 'White City', Arequipa is surrounded by spectacular mountains, including the volcano El Misti. A feature of the city is its many beautiful buildings made of a light-colored volcanic rock called sillar. The Convento de Santa Catalina, perhaps the most fascinating colonial religious building in the country, was until recently home to almost 450 nuns. Many of the city's beautiful colonial houses, such as Casa Ricketts, are now used as art galleries or museums. The city tour includes sites such as el Mirador de Yanahuara, Paucarpata, el Molino de Sabandia, la Via Pausayestica, la Plaza de Armas y el Monasterio de Santa Catalina.



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Lake Titicaca

Lake Titicaca is undeniably an impressive sight. A National Reserve since 1978, it boasts over sixty varieties of birds, fourteen species of native fish and eighteen types of amphibians. It is the highest navigable lake in the world and the largest lake in South America. Interesting boat trips to outlying islands can be made from Puno, the major port on the lake. The area is also known for its folk dances and huge herds of alpacas and llamas.

Leaving: Daily
Transport: Bus and boat
Length: 3 Days

Day 1: You will depart from Cusco at 9:00 P.M. by bus and arrive early in the morning the next day in Puno. The bus drive takes about 7 hours.

Day 2: At approximately 8:00 A.M. you will be picked-up and taken to a travel agency from where your tour to the three islands - Uros, Amantani and Taquile begins. First you will go to Uros, famous for the floating islands. You will then continue to Amantani Island which is one of the most beautiful islands in the region. You will spend the night with a traditional family on Amantani in a homestay. Your meal will be a delicious typical Peruvian dish.

Day 3: You will travel by boat to the Taquile Island. This is also a beautiful island with a lot of impressive views. Lunch will be at a restaurant. You will return to Puno in the afternoon. In the evening you will take the bus back to Cusco.



There is an option to take a bustour from Cusco to Puno during the day. With this tour you will visit some archeological sites on the way to Puno.

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Activities

Horse Back Riding

We offer really nice tours for those who love horses and the direct contact with the environment. The horse back riding tours can be combined with visiting important archaeological sites close to Cusco like Sacsayhuamán or Q'enko, but in a different and unique way.



Mountain Biking

This is an excellent tour to do in one day, combining the Andean landscapes, archaeological sites, local culture and traditional villages. All down hill! With this tour you are cycling through the villages of Moray and Maras. Moray has four circular terraces into the earth like an artificial crater. Maras is one of the most important salt mines of the region. Beautiful scenery!



Paragliding

With this beautiful sky high glide above the Sacred Valley of the Incas, you will see the valley in a different way. With this tour you will fly near the town of Chincheros, with its beautiful scenery. You will be flying high above the valley and be guided by paragliders, who have over 20 years of experience.



Rafting

The Cusco region offers exceptional opportunities for fans of river rafting. The rivers, both the Apurimac and the Urubamba, are spectacular and the scenery is fabulous. Rafting Tours are offered from one day to 8 days! The one day tour in the Urubamba river start aprox. 9:00 A.M. and you will be back around 6:00 P.M. Previous experience is not needed but you need to know how to swim.



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The land of gold and of the sun-worshipping Incas, Peru was sixteenth-century Europe's major source of treasure and once the home of the largest empire in the Americas. Since then, the riches of the Incas have fuelled the world's imagination, although much of the country's appeal lies in the sheer beauty of its landscapes, the abundance of wildlife and the strong, colourful character of the people.

What to do in Peru

As the most varied and exciting of all South American nations, Peru has it all: art, mystery, one of the world's most fascinating ancient cultures and stunning natural beauty. It is also one of the most geographically spectacular countries on earth. Its variety is astonishing: scientists have ascertained that of 103 possible ecological zones, Peru has 83 within its borders. As a result, every conceivable scenic attraction is available. The Andes, the second-largest mountain chain in the world, offers unparalleled exploring, trekking and photographic opportunities. Visitors can also observe flora and fauna in the tropical rainforest of the steamy Amazon, visit the many pre-Colombian ruins or step back in time visiting an island at Lake Titicaca. One can also marvel at the stunning Inca ruins near Cusco and the great city of Machu Picchu located on the Inca Trail nestled up in the mountains. Peru is also home to the Nazca lines etched on its coastal deserts, the enormous adobe city of Chan Chan and the Moche burial site of the Lord of Sipán. These cultures left no written records; just amazing works in gold, silver and stone.

Culture and history

Peru is an excellent destination for those who are interested in culture and history. The Incas left fabulous ruins all over Peru, mainly in the Cusco area, such as the famous sites of Ollantaytambo, Pisac, and, of course, the old Inca town of Machu Picchu. History seems to be touchable at every street corner, where the combination of Inca Foundations and Spanish Colonial Architecture reminds us of the past every single moment we are wondering around.





About Dos Manos

Founded in March 2003, Dos Manos offers the enthusiasm of a relatively new agency, with the experience of our capable and professional bi-lingual staff. Focusing on tours and excursions in the Cusco and Southern Peru area, we offer a wealth of opportunities for making your visit to Peru unforgettable. A leading organization for history, culture and adventure in Peru, we specialize in offering educational experiences and tours customized to your interests, schedule and budget.

Based in Cusco, the former capital of the Incas, we have a direct link to the diverse aspects of the culture and the history of our country - and the best local contacts.

Work with you to customize your schedule

We can assist you in customizing an itinerary. Just give us your timeframe, your interests and your budget, and we will create a schedule to maximize your time in Peru. Dos Manos offers unique tours to select from; depending upon your spirit of adventure, curiosity and special interests. As experienced tour operator, we are prepared to tailor an itinerary, focusing your main interests, as Peru offers a wide variety of activities and adventures.

Let us do the work while you enjoy the visit! Don't hesitate to contact us by e-mail, fax or phone in either English, Spanish or Dutch.

Make travel arrangements of any kind

Our staff makes all types of travel arrangements, including air bookings; hotel reservations; local transportation, trains and buses; tours, and guides in many cities. As such, we are confident at being able to provide you with the most convenient arrangements and quality services.

Reserve and confirm lodging

We know that where to stay is always an important decision when traveling. Therefore, Dos Manos has a wide range of lodging options available. As generally the "star rating" is not applied in Peru to help you make a decision, we prefer to chart lodging options categorized as deluxe, superior, tourist or budget. Also, our organization has lodgings at several locations in Cusco and offers the additional opportunity to stay with a local family and learn more about the local culture.